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JOB DESCRIPTION: **YouthWell • Youth Advisor & Mental Health Educator**

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YouthWell works with our partners in Santa Barbara County on youth mental health early intervention & prevention.

### **OBJECTIVES OF THIS ROLE**

YouthWell is seeking a committed and passionate individual to serve as either a Youth Advisor or a Mental Health Educator, or both roles combined in a full-time position. This individual will be actively engaged with youth, school districts, community members, and YouthWell partners across Santa Barbara County. This is a community-facing role requiring excellent interpersonal skills and cultural sensitivity.

- The Youth Advisor will work with students on YouthWell's Youth Advisory Board (YAB), helping to guide youth-led initiatives, support mental health advocacy, and facilitate leadership development.
- The Mental Health Educator will provide mental health education and facilitate trainings such as Mental Health First Aid (MHFA) and QPR (Question, Persuade, Refer) in the community.

We are looking for someone who can make a minimum 2-year commitment to ensure continuity and trust in this critical role. Part-time candidates may focus on either the Youth Advisor or the Mental Health Educator component. Full-time candidates will take on both responsibilities.

### **ROLES & RESPONSIBILITIES**

**Youth Advocacy Board [YAB]** • manage, plan, and coordinate implementation of YAB internship

- In collaboration with the team, develop curriculum, calendar, and schedule for cohorts.
- Manage and co-facilitate virtual and in-person meetings and events (training curriculum, planning, activities)
- Amplify youth voice by cultivating opportunities for YAB Interns to speak and advocate in community forums.
- Support Youth Advisors working with students. Ensure students are being communicated with regularly, recording hours, and attending meetings. Help facilitate tabling outreach and campaigns.
- Community Outreach
  - Recruit students in Santa Barbara County for YAB annually.
  - Develop and maintain relationships with... schools, district administrators, PTSA, YAB parents, and other youth clubs and organizations in order to support students.
  - Promote YAB: Create flyers, send eblasts, newsletters, and social media. Host tables at events and speak to groups.

**Mental Health Education** • teach Mental Health First Aid and QPR classes

- Maintain QPR, YMHA, and tMHFA Instructor Certification.
- Build relationships with schools and organizations.
- Connect with co-instructors to decide training roles. Maintain records. Prepare instructor boxes.
- Teach: Deliver comprehensive training programs in accordance with established curriculum guidelines. Tailor the instruction to meet the needs of participants. Create a supportive and safe environment, including establishing ground rules and fostering discussions. Share community resources and make referrals.

## REQUIREMENTS [YAB Advisor & Mental Health Educator]

- Bachelor's, professional, or technical degree in a related field preferred or the equivalent in experience.
- Mental Health First Aid & QPR certification, or willingness to obtain within 60 days of hire in order to teach.
- Ability to communicate and work with youth ages 14-25 from diverse backgrounds.
- Maintain confidentiality and ensure privacy in communications about youth, families, and staff.
- Able to serve as a positive role model to high school and college students.
- Demonstrate effective professional boundaries and self-care measures. Compassionate listening skills.
- Ability and willingness to work occasional nights and weekends to accommodate youth schedules.
- Reliable transportation, valid US driver's license, and active insurance policy.
- Candidates must submit fingerprints to the CA Department of Justice for a criminal history check prior to starting, take a general Child Abuse Mandated Reporter Training and comply with mandated reporting.
- Written and verbal communication skills - speak and write clearly; effectively present information; listen to others; work with discretion and maintain confidentiality. Comfortable with public speaking.
- Plan & Organize – experience in planning and executing tasks. Detail oriented with good multi-tasking ability. Strong organizational and time-management skills with the ability to prioritize competing responsibilities and coordinate multiple concurrent projects. Uses time efficiently; sets goals; develops action plans and takes responsibility for implementing them.
- Dependable – Self-starter who can be relied on to work independently, meet deadlines, complete projects, respond to direction, take responsibility for own actions, keep commitments, and ask for help when needed. Is a solution seeker who demonstrates mature judgment, problem-solving and critical thinking skills.
- Professional – Positive and flexible, can-do attitude with ability to work collaboratively, willing to adapt to changes and unafraid of challenges. Approach others with tact; able to identify and resolve problems; react well under pressure; treat others with respect; work with integrity and uphold the values of YouthWell. Skilled in building & maintaining strong relationships both internally & externally.
- Technical Skills - comfortable with office productivity tools and an aptitude for learning new online systems.
  - Strong computer proficiency, including Google Drive, Docs, Spreadsheets, and Slides.
  - Comfortable using Zoom and functions for meetings (set up meetings, create polls, etc)
  - Experience with Monday.com (workflow management system), is a plus but not required.
  - Experience with Canva or willingness to learn is a plus.
- Bilingual (English/Spanish) is a plus.

## BENEFITS

- A health plan is available to employees who work 20+ hours/week after 1 month.
- A 403(b) Retirement Plan is available to both full-time and part-time employees.
- Vacation time, holiday pay, sick days for employees who work 20+ hours/week after 3 months.

## SALARY & HOURS

Fill out [online application](#) and include a resume and cover letter. Questions: [Hiring@YouthWell.org](mailto:Hiring@YouthWell.org)

- \$25-\$34 Hour/DOE
- Status: Part-Time or Full-Time
- Position is in-person in Santa Barbara and includes minimal driving.
- Position includes working occasional nights and weekends.

\*YouthWell, a project of Community Partners® is an equal opportunity employer committed to a diverse and inclusive workforce.