

Free Training and Certification

Psychological First Aid

Train The Trainer

In Person January 23 & 24, 2023

9 am to 4pm Spanish and English
Unitarian Society of Santa Barbara
1535 Santa Barbara Street
Santa Barbara, California, 93101



About The Training

With this training, you will be able to train others in Psychological First Aid and help them use this skill set and tools. PFA reduces stress symptoms and assists in a healthy recovery following a traumatic event, natural disaster, public health emergency, or even a personal crisis.

Utilizing Psychological First Aid principles can enhance resilience in yourself, your family, your workplaces, and your community.

About The Trainer



Gilbert (Gil) Reyes, Ph.D., is a National Child Traumatic Stress Network (NCTSN) member who participated in the expert panel that advised the NCTSN and the National Center for PTSD on their joint project that resulted in the Psychological First Aid Field Operations Guide. He has co-authored the international Red Cross manual for Community-Based Psychological Support and taught Psychological First Aid at the Disaster Mental Health Institute.

Open to anyone interested in offering PFA trainings in their community.

CEUs available.

For more information, contact SBRN at

Email: sbrncommand@gmail.com

Phone Number: 805-699-5608



[Register Here Or use QR Code](#)