

\*\*\* For Immediate Release \*\*\*

February 11, 2022

## **Melissa Lowenstein, M.Ed., has been promoted to Director of Training at AHA!**

Melissa has been foundational in the evolution of AHA!, having started with the organization in 2011 and contributed as grant writer, lead facilitator, curriculum designer, and Director of Programs. She has an extensive background in social-emotional learning, movement education, and the creative arts. In addition to co-design and facilitation of educational experiences for hundreds of adults and teens during her time with AHA!, she brings with her twenty years of experience as a Nurtured Approach coach and trainer, as well as all she's learned as a multiply published co-author and ghostwriter supporting experts in the fields of SEL, parenting, medicine, health and wellness, and psychology.

